

CERTIFICATE OF PARTICIPATION

This is to certify that

Lezandra Grundlingh

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 01:10:19

PACE 10:01/km

GENDER 64 of 161

OVERALL 84 of 204

OPEN 45 of 96

28 August 2016, Sun

Date



BoutTime

Signature

